



brain games

Brain games are a fun thing to do together and keep the mind active and distracted from what is a stressful time. Here's a few ideas to get you started...



things that go together - round one

Read out the first bit, get them to finish

Give and ...	take	To have and ...	to hold
Nuts and ...	bolts	High and ...	dry
Hugs and ...	kisses	Signed and ...	sealed
Rain and ...	shine	Chalk and ...	cheese
Sweet and ...	sour	Rant and...	rave
Thick and ...	thin	Under and ...	over
Prim and ...	proper	Salt and ...	pepper
Pen and ...	paper	Socks and ...	shoes
Pro's and ...	con's	Birds and ...	the bees
Top and ...	tail	Law and...	order
Hail or ...	high water	Tossed and ...	turned
Dribs and ...	drabs	Odds and ...	ends
Rules and ...	regulations		
Last but ...	not least		

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Brain games are a fun thing to do together and keep the mind active and distracted from what is a stressful time. Here's a few ideas to get you started...



things that go together - round two

Read out the first bit, get them to finish

By hook or...	by crook	Bacon and...	eggs
Pots and...	pans	Knife and...	fork
Thunder and...	lightening	Buttons and...	bows
Near and...	far	Bread and...	butter
Cowboys and...	Indians	Fish and...	chips
Down and...	out	Trick or...	treat
Supply and...	demand	Hammer and...	nail
Yin and...	Yang	Sugar and...	spice
Flotsam and...	jetsam	Lock and...	key
Dead or...	alive	Horse and...	cart
Coat and...	tie	Hide and	seek
Flesh and...	blood	Tweedle dee and...	Tweedle dum
Bangers and...	mash		
Leaps and...	bounds		
Peaches and...	cream		