



brain games

Brain games are a fun thing to do together and keep the mind active and distracted from what is a stressful time. Here's a few ideas to get you started...



Word games

Always giving the person with Dementia plenty of prompts and support to achieve answers

Rhyming Words

Names as many words as you can that Rhyme with.....

CAR / LAND / DOG / CAT / MAKE / ART / PICK / PAD / LIE / CART / ROPE / BED / POT / KING / BALL

Scrabble Twist

Some people may not manage a game of tradition Scrabble, but if you have the letter piece lie them all out onto the table and get them to spell words.

Hangman

Hangman is a great game to play, Writing all of the alphabet out on a sheet of paper, so as they eliminate each letter you can removed it so they can see what letter are still available to use

Categories' Game

Pick a letter and name as many words as you can under these categories EG: S

Country (Sweden, Spain....etc)

Occupation (Shopkeeper, Social worker...)

Fruit (Strawberries...)

Vegetable (Swede...)

Piece of furniture (Sofa...)

Alphabet Words

Pick a letter

and see how many words you can name starting with the letter.....

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